SUPPORT GROUP

HOW TO SURVIVE 2021 WITH YOUR RELATIONSHIP INTACT IN COLLABORATION WITH CAL FIRE EMPLOYEE SUPPORT SERVICES AND JILL GUSTAFSON, LCSW

WEBINAR FOR FAMILY AND SPOUSES OF CAL FIRE EMPLOYEES

LIVE ZOOM SESSION DATES:

FRIDAY, APRIL 9TH, 6PM-8PM TOPIC: TRICKY TRANSITIONS

FRIDAY, MAY 14TH, 6PM-8PM TOPIC: COMMUNICATION FOR COUPLES

FRIDAY, JUNE 11TH, 6PM-8PM TOPIC: PREPARING FOR FIRE SEASON



TO REGISTER FOR A SESSION PLEASE CONTACT TIFFANY MORRIS MARCIONE CAL FIRE, EMPLOYEE SUPPORT SERVICES EMAIL: TIFFANY.MARCIONE@FIRE.CA.GOV PHONE: 916.661.0906 Are you feeling overwhelmed by the unique circumstances that come with fire life? Difficulties communicating, Post Traumatic Stress, irregular and unpredictable schedules, may be some of the challenges you face in your day-to-day life.

We hope you can join us for these ongoing support groups.



Jill Gustafson LCSW/Therapist

Jill Gustafson, is a Licensed Clinical Social Work/Therapist (LCS15684). She earned her Master of Arts from California State University Sacramento. As the wife of a firefighter, she is aware of the unique challenges the profession can have on relationships and family. She specializes in Marriage and Family Therapy, Post Traumatic Stress, Substance Abuse, and Critical Incident Stress Management (CISM).